

Parent Support Top Tips



Where Can I Get Help and Information About Emotionally Based School Avoidance?

Information for Parents

Young minds

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/schoolanxiety-and-refusal/?mc_cid=c77cf82607&mc_eid=9d8544b776

EBSA Support

<https://www.supportservicesforeducation.co.uk/Page/19956>

IPSEA

<https://www.ipsea.org.uk>

Not Fine in School

<https://notfineinschool.co.uk>

Autism Education Trust

<https://www.autism.org.uk/advice-and-guidance>

The DFE school attendance guidance

<https://www.gov.uk/government/publications/school-attendance/framework-forsecuring-full-attendance-actions-for-schools-and-local-authorities>

NHS-Every Mind Matters website

<https://www.nhs.uk/every-mind-matters/mental-health-issues/sleep/>

Public Health England Guidance

<https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>